

PROCEDURES & PROTOCOLS

Procedure/Protocol Title:	Pre-Mediation guidelines for IV Contrast
Owner:	CT/RAD/MRI
Revision Date:	1/12/14, 11/8/16
Review Date:	7/10/13

Target Area:	CT/MRI/RAD Department
Purpose:	Guidelines referring physicians may want to follow when ordering IV contrast on a patient with a prior allergic reaction

1.	Adequate hydration prior to the exam
2.	<ul style="list-style-type: none"> Prednisone – 50 mg by mouth at 13 hours, 7 hours, and 1 hour before contrast media injection Plus Diphenhydramine (Benadryl®) – 50 mg intravenously, intramuscularly, or by mouth 1 hour before contrast medium. <p style="text-align: right;">ACR Manual on Contrast Media - Version 10.2, 2016</p>
3.	This must be ordered by the ordering physician or a Radiologist.
4.	If recommendations are not followed, the clinician takes responsibility. As long as ED physician documents in EPIC to proceed (or RN writes note stating ED physician aware of allergy, ok to scan), CT tech can proceed with physician orders.