

Deltoid Ligament

■ Superficial

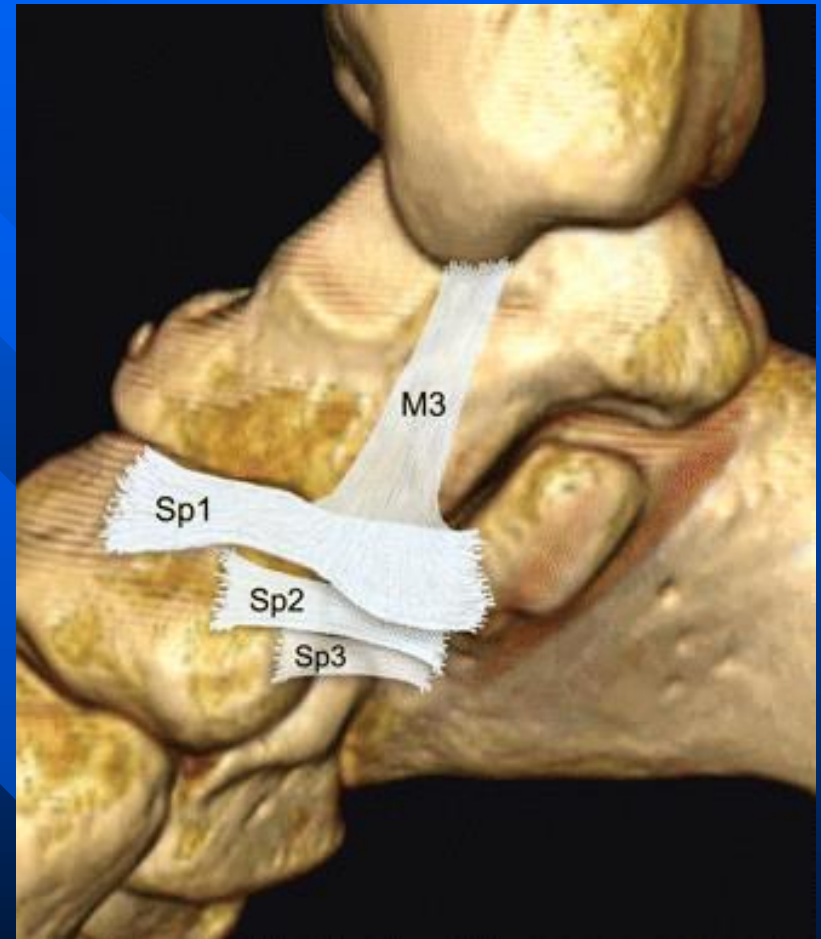
- tibiocalcaneal ligament
- tibionavicular ligament
- posterior superficial
- tibiotalar ligament
- tibiospring ligament

■ Deep layer

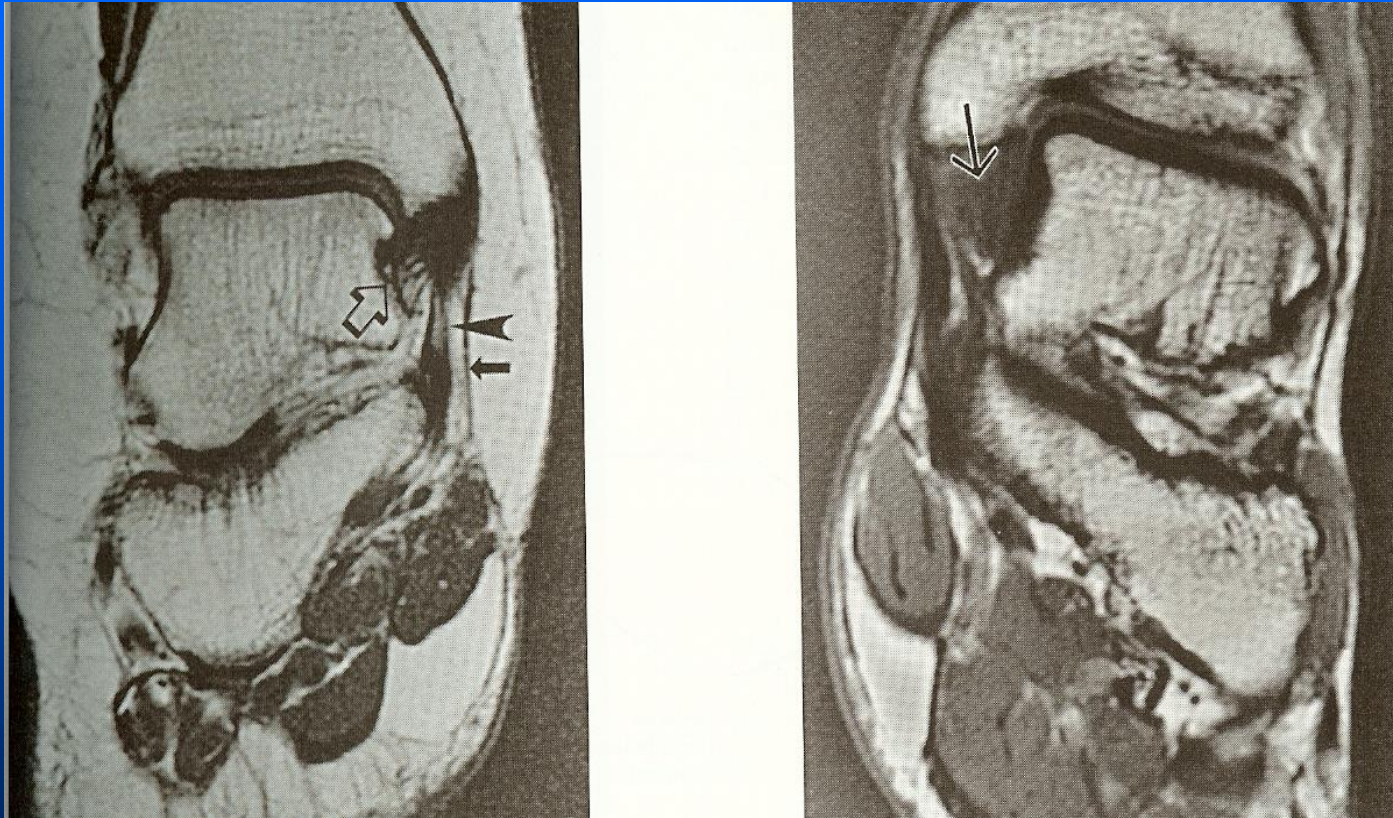
- anterior tibiotalar ligament (ATTL)
- posterior deep tibiotalar ligament (PDTL)

Calcaneonavicular and spring ligament complex

- Superomedial calcaneonavicular (Sp1)
- calcaneonavicular (Sp2)
- calcaneonavicular (Sp3) ligaments.
- Tibiospring ligament (M3) belongs to superficial layer



Medial Ankle Ligaments



2 layers of the deltoid, deep **tibiotalar ligament is striated (open arrow)**
Superficial **tibiocalcaneal ligament (arrowhead)** both may have striations
solid arrow is retinaculum

Tibiotalar tear, lost striations