

Carpal instability

- **Stage I** includes scaphoid dissociation from tearing of the scapholunate interosseous and volar displacement of the radioscaphoid joint.
- **Stage II** includes dorsal dislocation of the capitate with dissociation at the lunocapitate joint.
- **Stage III** (perilunate dislocation) includes lunotriquetral ligament disruption. The lunate remains aligned with the radius, while the rest of the carpus is displaced, usually dorsally.
- **Stage IV** (lunate dislocation) is complete ligament disruption. The capitate remains aligned with the radius, while the lunate is squeezed out in a volar direction

Normal

- *Mild dorsal tilt of both the lunate and the scaphoid relative to their normal positions.*
- *An essentially normal relationship remains between the two bones. Lateral scapholunate angle is 67°.*

