

Annular tears and fissuring

- Prerequisite for “Herniated Nucleus Pulposus”
- Many authors prefer the term **annular fissure** over **annular tear**, as the latter seems to imply acute injury
- In the setting of severe trauma with disruption of the disc, then the term **disc rupture** should be used.
- **Most are asymptomatic**, however, some are painful.

