## Extension Teardrop Fracture

- Occurs due to forced extension of the neck with resulting avulsion of the anteroinferior corner of the vertebral body.
- Extension teardrop fractures are stable in flexion, and unstable in extension as the anterior longitudinal ligament is disrupted.
- Extension teardrop is not considered as severe as <u>flexion teardrop fractures</u>.

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In older patients the <u>C2 vertebral</u> <u>body</u> is commonly affected due to degenerative ankylosis of lower levels. Associated <u>cervical spine</u> <u>fractures</u> are common.

The teardrop fragment is avulsed and is attached to the anterior longitudinal ligament.